

BEGIN THE BEGUINE

Music : KAI WARNER

<http://www.amazon.co.uk/> The Big Bands Lounge Vol.1

Cd 2 Track # 11 Time 4:28

Available from choreographer

Rhythm: Rumba Phase: V+2 (Turkish Towel + Continuous Nat Top)

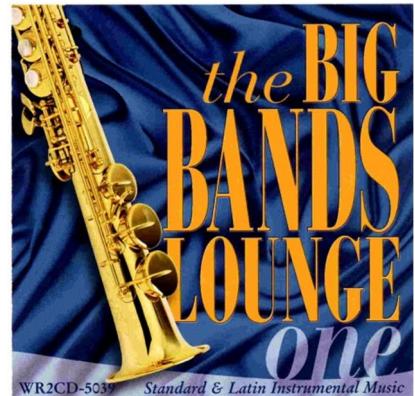
Footwork: Opposite except where (Noted)

Release Date: Augst 2015

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Sequence: INTRO AA B A C C(1-12) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; FULL BASIC ; ;

{Wait} BFLY POS WALL ld ft free wt 2 meas ; ; {Full Basic} Fwd L, rec R, sd L, - ; Bk R, rec L, sd R to BFY WALL, -;

PART A

01-04 BOTH HANDS ALEMANA to TAMARA ; ; WHEEL 3 ; WHEEL/W UNWRAP ;

{Alemana to Tamara} [Keepg both hnds jnd] Fwd L, rec R, cl L, - ; XRib, rec L, cl R (W [Keepg both hnds jnd] XLif under raised ld hnds begin full RF trn, fwd R contg RF trn, sd L compg trn to fc ptr) to TAMARA pos WALL, - ; {Wheel 3} Wheelp RF fwd L, R, L (W fwd R, L, R) to TAMARA pos COH, - ; {Wheel/W Unwrap to BFLY WALL} Cont wheeling R, L, R (W unwraps LF undr both hnds L, R, L) to BFLY WALL, -;

05-08 BASIC ½ to NATURAL TOP ; ; CUDDLE TWICE ; ;

{Basic ½ to Natural Top} Fwd L, rec R, sd L trng ¼ RF to CP RLOD, - ; XRib, sd L, cl R (W sd L, fwd R bet M's ft, sd L) to CP WALL, - ; {Cuddle x 2} Sd L, rec R, cl L placing R hnd on W's L shldr blade (W trng ½ RF bk R with R arm out to sd, rec L trng ½ LF, sd R plcg R hnd on M's L shldr), - ; Sd R, rec L, cl R placing L hnd on W's R shldr blade (W trng ½ LF bk L with L arm out to sd, rec R trng ½ RF, sd L plcg L hnd on M's R shldr), - ;

09-12 NATURAL OPENING OUT INTO a FAN ; ; START STOP & GO HOCKEY STICK INTERRUPT w/ 2 SWIVELS ; ;

{Nat Opening Out/W Spiral} Fwd L on ball of Ft w/ pressure into floor and slight body turn RF, rec R, cl L (W bk R w/ ¼ RF trn, rec L, fwd R Spiral 7/8 LF), - ; Bk R, rec L, cl R (W fwd L, fwd R trng ½ LF, bk L to fc RLOD) to Fan Pos, - ; {Start Stop & Go Hockey Stick} Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk to an "L" position (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd hands to fc LOD), - ; {2 Swivels} [SS] Rk sd R trng bdy slightly LF, - , rk sd L trng bdy slightly RF (W fwd L swvl LF 1/2, - , fwd R swvl RF ½) still in "L" pos, - ; [these rocks are in opposite direction]

13-16 FINISH STOP & GO ; HOCKEY STICK / W SPIRAL ; ; NEW YORKER in 4 [2^{de} & 3^{the} TIME : r-hndshk] ;

{Finish Stop & Go} XRib, rec L, cl R (W fwd L, fwd R trng ½ LF to fc RLOD, bk L to fan pos) to "L" pos, - ; {Hockey Stick/W Spiral} Fwd L, rec R, cl L (W cl R, fwd L, fwd R, spiralling 7/8 LF undr jnd lead hnds), - ; Sm bk R, rec L, long fwd R (W fwd L, fwd R trng sharply 5/8 LF undr jnd lead hnds, bk L) to LOP-FCG DRW, - ; {New Yorker in 4} XLif (W XRif) to LOP, rec R to fc ptr, sd L, cl R to BFLY WALL [2^{de} & 3^{the} TIME: r-hndshk];

PART B

01-04 BASIC 1/2 to TURKISH TOWEL ; ; ONE BREAK ; W OUT to L-hnd STAR RLOD ;

{Basic ½ to Turkish Towel} r-hndshk Fwd L, rec R, sd L (W bk R, rec L, sd & fwd R), - ; Bk R, rec L, sd R to VARS M in front W to her right sd (W XLif trn RF under R hnds, fwd R cont trn, fwd L arnd M join L hnds), - ; {One Break} Ck bk L, rec R, sd L to W right sd (W ck fwd R, rec L, sd R), - ; {W Out to L-Hnd STAR RLOD} Ck bk R, rec L, sd R trng ¼ RF (W fwd L, fwd R trng 1/4 LF to LOD, bk L) to L-Hndstar RLOD, - ;

05-08 UMBRELLA TURN ; ; ;

{Umbrella Turn} Fwd L, rec R, bk L, - ; keepg jnd hnds high bk R, rec L, fwd R (W trng ½ RF undr jnd hnds bk L, rec R, fwd L), - ; Fwd L, rec R, bk L (W trng ½ LF undr jnd hnds bk R, rec L, fwd R), - ; Bk R, rec L, fwd & sd R to fc ptr (W trng ½ RF undr jnd hnds bk L, rec R, fwd & sd L) to BFLY WALL, - ; [RAL's current version of UMBRELLA TURNS may be used instead if preferred]

09-12 BACK BREAK to 1/2 OP LOD ; OP IN & OUT RUNS ; ; THRU FACE CLOSE :

{**Bk Break to ½ OP LOD**} Releasing lead arms XLib (XRib) trng to OP LOD, rec R, fwd L twd ½ OP LOD, -; {**OP In & Out Runs**} Fwd R begin RF trn, sd & fwd L Xif of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (W Fwd L, R, L), -; Fwd L, R, L (W fwd R begin RF trn, sd & fwd L Xif of M cont trn, fwd & sd R) to ½ OP DLC w/ lead arms extended to sd, -; {**Thru Fc Cl**} Thru R (W thru L), sd L to fc ptr, cl R to CP WALL, -;

13-16 BASIC 1/2 to CONTINUOUS NATURAL TOP ; ; ;

{**Basic ½ to Continuous Natural Top**} Fwd L, rec R, sd & fwd L trng RF (W bk R, rec L, fwd R tng RF) to CP RLOD, -; XRib, sd L trng RF, XRib (W sd L, XRif, sd L), -; Contg RF trn Sd L leadg W to spiral LF under lead hands, XRib, sd L (W XRif spiral LF, sd L, XRif) to CP, -; XRib, sd L trng RF lead W to spiral LF under lead hands, sd L (W sd L, XRif spiral LF, sd R) to BFLY WALL, -;

PART C

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W SPIRAL ; W OUT to FACE ;

{**Trade Places x 2**} [r-hndshk] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining L hnds, -; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L) joining R hnds, -; {**Trade Places/W Spiral**} Rk apt L, rec R comm to pass R shldrs while trng ¼ LF and keeping R hnds jnd, cont to trn LF but slightly less than in meas 1 stepping sd L twd COH, - (W apt R, rec L, fwd R, spiralling 7/8 LF undr jnd R hnds); {**W Out to Fc**} [releasing hnds] Trng bdy RF to fc COH stp fwd twd COH R,L,R (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) to BFLY COH, -;

05-08 OP HIP TWIST INTO a AIDA ; ; HIP ROCK 3 & SWIVEL to FACE ; CUCARACHA RIGHT ;

{**OP Hip Twist INTO a AIDA**} Fwd L, rec R, cl L (W bk R, rec L, fwd R with tention to R arm to swivel 1/4 RF) end L-Shape M fc COH W fc RLOD, -; Thru R (W thru L), sd L trng RF, bk R (W bk L) cont RF trn to V-bk-to-bk pos LOD, -; {**Hip Rock 3 & Swivel to Fc**} Rk fwd L, rec R, fwd L, swivel 1/4 LF to fc ptr, -; {**Cucaracha Right**} Sd R w/ partial wgt, rec L, cl R, -;

09-12 CROSS BODY/W SPIRAL ; ; REVERSE UNDERARM TURN ; SPOT TURN ;

{**Cross Body/W Spiral**} Fwd L, rec R, sd & bk L trng ¼ LF (W bk R, rec L, fwd R spiraling 7/8 LF under joined Id hands) to "L" CP M fcg RLOD W fcg WALL, -; Bk R contg LF trn, rec L comp LF trn, sd R (W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L) to BFLY WALL, -; {**Reverse Underarm Turn**} Raisg jnd Id hnds XLif, rec R, sd L (W XRif undr jnd Id hnds trng LF ½, rec L contg LF trn to fc ptr, sd R) to BFLY WALL, -; {**Spot Turn**} Relg hnds XRif (W XLif) trng LF, rec L compg full trn, sd R to BFLY WALL, -;

13-16 FENCE LINE ; THRU SERPIENTE ; ; FENCE LINE & r-hndshk ;

{**Fence Line**} XLif (W XRif) w/ bent knee, rec R, sd L, -; {**Thru Serpiente**} Thru R, sd L, XRib (W XLib), flare L CCW ; XLib (W XRib), sd R, XLif, flare R CCW ; {**Fence Line**} XRif (W XLif) w/ bent knee, rec L, sd R to r-hndshk, -;

ENDING

01-04 NEW YORKER ; SLOW HIP ROCK TWO ; NEW YORKER ; SLOW HIP ROCK TWO & r-hndshk ;

{**New Yorker**} XLif (W XRif) to LOP, rec R to fc ptr, sd L, -; {**Slow Hip Rock 2**} Leaving ft ip chg wgt w/ hip action apt ovr R ft, -, tog ovr L ft, -; {**New Yorker**} XRif (W XLif) to OP, rec L to fc ptr, sd R, -; {**Slow Hip Rock 2**} Leaving ft ip chg wgt w/ hip action bk ovr L ft, -, fwd ovr R ft & r-hndsk, -;

05-08 FLIRT INTO a FAN ; ; ALEMANA ; ;

{**Flirt to Fan**} [r-hndshk] Fwd L, rec R, sd L (W bk R, rec L, fwd R swvl 1/2 LF) to VARS WALL, -; [releasing hnds] Bk R, rec L, sd R (W slidg if of M sd L, cl R, sd & bk L trng ¼ RF to RLOD) to "L" pos Id hands joined, -; {**Alemana**} Fwd L, rec R, cl L (W cl R, fwd L, fwd R trng RF to fc ptr), -; Raisg jnd Id hnds sm sd & bk R, rec L, fwd & sd R (W trng RF undr jnd hnds fwd L, fwd R, fwd & sd L to fc ptr), -;

09-12 NEW YORKER ; SLOW HIP ROCK TWO ; NEW YORKER ; SLOW HIP ROCK TWO ;

Repeat meas 1,2,3 & 4 Ending to BFLY ; ; ;

13-16 FENCE LINE ; THRU SERPIENTE ; ; AIDA EXTEND ARMS ;

{**Fence Line**} Repeat meas 13 Part C ; {**Thru Serpiente**} Repeat meas 14 & 15 Part C ; ; {**Aida & Extend**} Thru R (W thru L), sd L trng RF, bk R (W bk L) cont RF trn to V-bk-to-bk pos RLOD extend free arms up, -;